



The eNewsletter

October 18, 2018

A publication of Covenant Presbyterian Church, 8451 East Brainerd Road, Chattanooga, Tennessee 37421
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From the Pen of the Associate Pastor of Discipleship...

Looking Ahead...

- October 19**
Men's Proverbs Study
- October 20**
Sunday School Teacher Meeting
WM Cooking Kinship
- October 21**
Morning Worship
Sunday School
Church Picnic
- October 24**
Wednesday Night Activities
- October 25**
Ladies' Thursday Morning Bible Study
- October 26**
Men's Proverbs Study
- October 27**
Middle School Bonfire
- October 28**
Morning Worship
Sunday School
TVP Reformation Service
- October 31**
Reformation Celebration
- November 1**
Ladies' Thursday Morning Bible Study
- November 2**
Men's Proverbs Study
Marriage Retreat
- November 3**
Marriage Retreat
Daylight Savings Ends
- November 4**
Lord's Supper Celebrated
Sunday School
Marriage Retreat
Instrumental Ensemble
- November 5**
Ladies' Monday Night Hebrews Study
- November 6**
Mother's Encouragement Group
WM Council Meeting
- November 7**
Wednesday Night Activities
Session Meeting

The Lord has blessed our church in many different ways. I have been particularly reflecting upon my appreciation for our Sunday School leaders and teachers. We have a wide breadth of topics that are being offered and a quality in the teaching. This is not the case for many churches in our denomination. I am grateful to the Lord for this blessing.

In this week's newsletter, I would like to highlight one of these classes, specifically *Psalms and Prayer*, taught by Dr. John Wykoff in the Grown Ups class. If you do not have a current Sunday School class you are committed to, I would commend this study to you.

As I have been contemplating this topic in my own heart, I wanted to share three aspects of the Psalms that would encourage me to consider participating in this class. I hope they whet your appetite to study the Psalms.

Psalms are honest

Psalms do not simply teach us deep truth, they affectively engage our emotions. They help us to articulate and describe what we are experiencing. Some of you may find it surprising that the most common type of psalm is the lament. Laments are cries for help in the face of deep pain or sorrow. They are often very raw and open with the author's pain and fears. They acknowledge and affirm for us the deep struggles that we go through in our own lives. Psalms help us become more honest about our sin and pain. As we read about King David's mourning over his sins or

emotive pain, we find a real person in whom we can identify. As we understand the brutal honesty of the *man after God's own heart*, we, too, can be deeply honest with the Lord.

Psalms are universal

Another aspect of the Psalms is that they reveal our commonality with one another. They cover every facet of our lives, from the mundane to the unique events. While some celebrate the joy of life and family, others convey our serious pain when we are mourning over a serious loss. These themes describe the totality of what we experience in life. The Psalms provide comfort for us that we are not alone; there is nothing new under the sun. Furthermore, they point to the person of God Who desires to be near us in the midst of all these experiences.

Psalms are communal

The Psalms also direct us to our need to live in healthy, supportive community. Many of the Psalms were written and designed for corporate festivals, especially worship services. They instruct us on the joy of living together in unity and peace. They remind us that we are not isolated individuals, but we belong to a kingdom so much greater.

I hope you consider participating in this study. I believe such work will do more than simply fill your mind with grace-filled truths but will also encourage you to be formed deeply in your thoughts and hearts.

~Pastor Bennett



What's Happening?

Nursery Schedule October 21

Front Desk
Diana Perrel

Worship

Infants
Esther McEachern
& Diana Bowers

Crawlers
Emily & Cami Calloway

Toddlers
Nathan & Alayna Bowers

Sunday School

Infants
Kristin Sotelo
& Sarah Wade

Crawlers
Sylvia & Fiona Wade

Toddlers
Tim Sotelo
& Betsy Wade

CHURCH PICNIC

The annual Church Picnic is Sunday, October 21 at Heritage Park, beginning at 12:30 p.m. BYOPB (Bring Your Own Picnic Basket). Drinks, ice, and dessert will be provided. Activities for everyone! Bring a picnic blanket and/or lawn chairs.

MIDDLE SCHOOL BONFIRE

The Middle School Youth Group is meeting at the home of Adam and Leanna Cathey (270 Indian Mound Road, Ringgold, GA) on Saturday, October 27 from 6:00 p.m. to 8:00 p.m. A hot dog dinner will be provided. Girls, please bring a dessert to share, and, guys, please bring a drink to share.

YOUTH RETREAT

The High School and Middle School Youth Retreat is November 9-11 at Ponderosa Bible Camp. Cost is \$65 per person, with a family maximum of \$150. Registration forms are available outside of Jeremiah's office. Registration deadline is Wednesday, October 24. Please return those forms to Jeremiah Hill or Abby Horton.

WEDNESDAY NIGHT SUPPERS

Wednesday Night Suppers are from 5:30 p.m. to 6:40 p.m. The suggested donation for adults is \$4 and \$2.50 for children ages 5 to 11. Children 4 and under eat for free, and the maximum family donation is \$15.

For the month of October, the CPC Youth are responsible for clean-up duty.

WEDNESDAY NIGHT MENU

Oct 24	Chicken Divan
Oct 31	Pigs in a Blanket
Nov 7	Chili
Nov 14	Chicken Bacon Ranch Pasta
Nov 21	Thanksgiving - no meal
Nov 28	Soup and Bread
Dec 5	Chicken Pot Pie
Dec 12	Beef Burgundy

WREATHS ACROSS AMERICA

Each Wednesday, through the month of October, a table will be set up outside Schum Fellowship Hall for *WREATHS across AMERICA*. The goal is to honor our veterans by laying wreaths on their graves at the local National Cemetery during December. If you are willing to sponsor a wreath, please contact Carey Calloway.

NEW MEMBERS

Please make the following additions to your CPC Membership Directory:

Keith & Shlomit Thompson

Jonathan*, Caithlyn*, Nori*
803 Stone Crest Circle
Chattanooga TN 37421
Cell (husband) 717.659.4107
Cell (wife)..... 717.659.9899
Email (husband)KeithThompson333@gmail.com
Email (wife)..... shlomit.thompson@gmail.com

Scott & Pat Barber

8611 Homecoming Drive
Chattanooga TN 37421
Home 423.269.6298
Cell (husband) 412.370.8857
Cell (wife)..... 412.225.6518
Email spbarber2@gmail.com

NEW COMMUNICANT MEMBER

Please make the following update to your CPC Membership Directory:

Malachi Harris

Malachi (10) is the son of Jon and Heather Harris.

THANK YOU

Thank you to Jonathan Calloway for his many years of service at CPC as the Director of Technology. Jonathan has stepped down from this role as of Saturday, October 13. Please be sure to express your gratitude to Jonathan for all of his hard work and crazy hours over the years.

OPERATION CHRISTMAS CHILD

OCC collects shoe boxes filled with small gifts (no liquids, candy, gum, toothpaste, or war toys) to deliver to the needy children around the world at Christmas time. This is a wonderful opportunity for us to share the love of Jesus. Please write a note to the child to include with the gifts. Boxes will be packed on Saturday, November 17 from 9:00 a.m. to 11:30 a.m. in the Perseverers Classroom.

Collection boxes are outside of the Parlor and outside of Pastor Mullinax's office.

THANKSGIVING POUNDING

We are collecting staples and canned goods to help those in need. If you are going through a hard time this year, or if you know someone that is, please contact an Elder or the Church Office. The Pounding is an encouragement to those experiencing hard times and a great witness to a watching world when we love and support one another. Delivery date is November 17. Please contact Joyce Trask at futurejoyce@gmail.com for details.